## Claims

[c1] 1. A restaurant method, said restaurant method comprising the steps of:

providing a dining area defined by a restaurant building; providing a dining table disposed in said dining area; providing a plurality of seats disposed around said dining table:

providing a stir-frying apparatus disposed on said dining table:

providing raw foods;

providing additive ingredients;

wherein said stir-frying apparatus includes a container having an open top for holding foods, a stirring device installed inside said container for stirring foods disposed inside said container, a power-drive assembly operationally coupled with said stirring device for driving said stirring device through repeating stirring cycles, and a heating device for heating foods disposed inside said container;

wherein diners are provided with options to select among said raw foods and said additive ingredients and to cook various dishes by themselves; and whereby each dish is individually cooked and customized to diners preference.

- [c2] 2. A restaurant method as defined in claim 1, wherein said raw foods are pre-packed in bags that are adapted for individual dishes.
- [63] 3. A restaurant method as defined in claim 1, wherein said additive ingredients are pre-packed in bags that are adapted for individual dishes.
- [04] 4. A restaurant method as defined in claim 1, said restaurant method further including a step of providing a computer for storing various recipes, such that diners can cook various dishes by themselves based on said recipes.
- [05] 5. A restaurant method as defined in claim 4, wherein said recipes include recipes adapted for weight-conscious diners.
- [c6] 6. A restaurant method as defined in claim 1, said restaurant method further including a step of providing a recipe brochure having various recipes, such that diners can cook various dishes by themselves based on said recipes in said recipe brochure.
- [c7] 7. A restaurant method as defined in claim 6, wherein said recipe brochure includes recipes adapted for

weight-conscious diners.

- [08] 8. A restaurant method as defined in claim 1, wherein said heating device includes a bottom heating element installed underneath said container for heating foods from below and an over-head heating element installed at an upper position of said stir-frying apparatus for heating foods from above.
- [09] 9. A restaurant method as defined in claim 8, wherein said stir-frying apparatus includes a lid for closing said open top of said container and a housing for heat insulation of said stir-frying apparatus and for adapting said stir-frying apparatus to stand on a flat surface, wherein said lid is hingedly installed at an upper position of said housing, and wherein said overhead heating element is installed on said lid.
- [c10] 10. A restaurant method as defined in claim 9, wherein said stir-frying apparatus includes a venting device having filter means disposed on said lid for cooking fume treatment.
- [c11] 11. A restaurant method as defined in claim 1, wherein said stir-frying apparatus includes a control device for automatically de-energizing said power-drive assembly near the end of each stirring cycle for a predetermined

dwell period.

[c14]

- [c12] 12. A restaurant method as defined in claim 11, wherein said control device includes a switch circuit for deenergizing and energizing said power-drive assembly and a timing circuit to determine said predetermined dwell period.
- [013] 13. A restaurant method as defined in claim 1, said restaurant method further including a step of providing a plurality of dining tables in said dining area and a plurality of stir-frying apparatuses and wherein each of said stir-frying apparatuses is disposed on each of said dining tables.
- prising the steps of:

  providing a dining area defined by a restaurant building;

  providing a plurality of dining tables disposed in said

  dining area;

14. A restaurant method, said restaurant method com-

providing a plurality of seats disposed around each of said dining tables;

providing an counter having a counter top; providing a plurality of stir-frying apparatuses disposed on said counter top;

providing raw foods; providing additive ingredients; wherein each of said stir-frying apparatuses includes a container having an open top for holding foods, a stir-ring device installed inside said container for stirring foods disposed inside said container, a power-drive assembly operationally coupled with said stirring device for driving said stirring device through repeating stirring cycles, and a heating device for heating foods disposed inside said container;

wherein diners are provided with options to select among said raw foods and said additive ingredients and to cook various dishes by themselves; and whereby each dish is individually cooked and customized to diners preference.

[015] 15. A restaurant, said restaurant comprising: a dining area defined by a restaurant building; a dining table disposed in said dining area; a plurality of seats disposed around said dining table; a stir-frying apparatus disposed on said dining table; raw foods:

additive ingredients;

wherein said stir-frying apparatus includes a container having an open top for holding foods, a stirring device installed inside said container for stirring foods disposed inside said container, a power-drive assembly operationally coupled with said stirring device for driving said

stirring device through repeating stirring cycles, and a heating device for heating foods disposed inside said container;

wherein diners are provided with options to select among said raw foods and said additive ingredients and to cook dishes by themselves; and whereby each dish is individually cooked and customized to diners preference.

- [c16] 16. A restaurant as defined in claim 15, wherein said raw foods are pre-packed in bags that are adapted for individual dishes.
- [c17] 17. A restaurant as defined in claim 15, wherein said additive ingredients are pre-packed in bags that are adapted for individual dishes.
- [c18] 18. A restaurant as defined in claim 15, said restaurant further including a computer for storing various recipes, such that diners can cook various dishes by themselves based on said recipes.
- [c19] 19. A restaurant as defined in claim 18, wherein said recipes include recipes adapted for weight-conscious diners.
- [020] 20. A restaurant as defined in claim 15, said restaurant further including a recipe brochure having various

- recipes, such that diners can cook various dishes by themselves based said recipes in said recipe brochure.
- [c21] 21. A restaurant as defined in claim 20, wherein said recipe brochure includes recipes adapted for weightconscious diners.
- [022] 22. A restaurant as defined in claim 15, wherein said stir-frying apparatus includes a bottom heating element installed underneath said container for heating foods from below and an over-head heating element disposed at an upper position of said stir-frying apparatus for heating foods from above.
- [c23] 23. A restaurant as defined in claim 22, wherein said stir-frying apparatus includes a lid for closing said open top of said container and a housing for heat insulation of said stir-frying apparatus and for adapting said stir-frying apparatus to stand on a flat surface, wherein said lid is hingedly installed at an upper position of said housing, and wherein said overhead heating element is installed on said lid.
- [C24] 24. A restaurant as defined in claim 23, wherein said stir-frying apparatus includes a venting device having filter means disposed on said lid for cooking fume treatment.

- [025] 25. A restaurant as defined in claim 15, wherein said stir-frying apparatus includes a control device for automatically de-energizing said power-drive assembly near the end of each stirring cycle for a predetermined dwell period.
- [026] 26. A restaurant as defined in claim 25, wherein said control device includes a switch circuit for de-energizing and energizing said power-drive assembly and a timing circuit to determine said predetermined dwell period.
- [027] 27. A restaurant as defined in claim 15, said restaurant further including a plurality of dining tables in said dining area and a plurality of stir-frying apparatuses and wherein each of said stir-frying apparatuses is disposed on each of said dining tables.